

LATEST PROMOTIONS BY REGION!

Please ask our sales executives or our marketing department for complete details and rates

costarica@bodyandsoulinternational.com

www.bodyandsoulinternational.com



CENTRAL VALLEY

Alta Hotel – San Jose

Pay 2 nights and stay 3 non consecutive nights.

Pay the first night at a normal rate and get a 50% discount on the second night.

Get a free cup of wine when booking a dinner.

Promotions are valid until November 30th, 2010 on individual reservations on Deluxe rooms.

Barcelo San Jose Palacio – San Jose

Get special rates on following promotions when booking on:

Independence: September 10th to 15th, 2010.

Christmas: December 15th to 23rd, 2010.

Child rates apply for children accompanied with two adults.

El Silencio Lodge – Alajuela

Pay 3 nights and stay 4 nights or pay 2 nights and stay 3 nights until December 19th, 2010.

Finca Rosa Blanca – San Jose

Pay 3 nights and stay 4 nights from May 1st to August 31st, 2010 (it can be split up). Pay 2 nights and stay 3 nights from September 1st to November 20th, 2010 (it can be split up).

Ramada Plaza Herradura – San Jose

The hotel is giving us very special rates on weekends: Friday, Saturday and Sunday. This rate is valid until January 2011.

Xandari Resort & Spa – Alajuela

Pay 3 nights and stay 4 nights from May 1st to August 31st, 2010.

Pay 2 nights and stay 3 nights from September 1st to December 14th, 2010.



NORTHERN PACIFIC

Bahía del Sol Hotel – Potrero Beach

Pay 2 nights and stay 3 nights until June 30th, 2010. Includes breakfast, welcome cocktail and free wireless internet.

Capitan Suizo Hotel – Tamarindo

Pay 6 nights and stay 7 nights, pay 10 nights and stay 12 nights, pay 12 nights and stay 14 nights from June 1st to December 15th, 2010. Valid only on new reservations.

Hacienda Guachipelin – Rincon de la Vieja

Pay 2 nights and stay 3 nights from May 1st to June 30th, 2010

Harmony Hotel – Nosara

Pay 4 nights and stay 5 nights and get a complementary sushi dinner for two from May 1st to August 31st, 2010. Pay 2 nights and stay 3 nights and get a complementary sushi dinner for two from September 1st to November 20th, 2010.

JW Marriott Guanacaste Resort & Spa – Hacienda Pinilla

Pay 3 nights and stay 4 nights or pay 5 nights and stay 7 nights from May 15th to October 31st, 2010. Applies to all Deluxe and Suite categories. Subject to availability.

Latitud 10 – Santa Teresa

Pay 3 nights and stay 4 nights from May 1st to August 31st, 2010. Pay 2 nights and stay 3 nights from September 1st to November 20th, 2010.

Fly for free: Book your client's reservation at Latitude 10 Resort 30 days prior to their arrival and Latitud 10 Resort will buy the domestic flights on Nature Air to Tambor from San Jose. All they need is a minimum stay of 3 nights in Junior Suite, 4 nights in Premium Junior Suite or 5 nights in Master Suite. Valid until October 31st, 2010.

This promotion cannot be combined with any other promotions offered at the hotel.

This promotion is not available for existing reservations.

This promotion is available for single or double occupancy only.

Leyenda – Carrillo Beach

Pay 2 nights and stay 3 nights until December 15th, 2010, breakfast included.

Ocotal Resort – Ocotal Beach

Ocotal is giving us a special rate until November 30th, 2010.

Paradisus Playa Conchal – Conchal Beach

Stay 5 nights or more and pay less. Booking window: May 31st, 2010. Travelling window: August 31st, 2010.

Special Autumn Promotion: Lower rates that can be booked until June 30th, 2010. Travelling window: August 16th to October 31st, 2010. Applies only on new reservations.

Reserva Conchal – Conchal Beach

Pay 3 nights and stay 4 nights. Booking window: May 25th, 2010. Travelling window: May 31st, 2010.

Tamarindo Diria Hotel – Tamarindo Beach

Pay 3 nights and stay 4 nights on all room categories until December 14th, 2010.

Get a 10% discount on new reservations made on May and June 2010. Travelling window: from now until August 31st, 2010.

Tango Mar – Guiones Beach

Pay 3 nights and stay 4 nights from May 1st to December 15th, 2010. Valid only when booking in beach front rooms or tropical suites.

CENTRAL PACIFIC

Arenas del Mar – Manuel Antonio

Pay 4 nights and stay 5 nights from May 1st to June 30th, 2010. Pay 2 nights and stay 3 nights, get a free Manuel Antonio Park tour for stays of 4 nights and more and kids stay and eat for free from July 1st to August 31st, 2010. Pay 2 nights and stay 3 nights from September 1st to November 20th, 2010.

Buena Vista Villas & Tulemar Bungalows – Manuel Antonio

Pay 3 nights and stay 4 nights on Premium Villas, Select Villas and Bungalows until May 31st, 2010.

El Parador Hotel – Manuel Antonio

Pay 3 nights and stay 4 nights until December 15th, 2010. This promotion is valid on new reservations with room and breakfast only.

Pay 2 nights and stay 3 nights only on Suite rooms until December 15th, 2010. This promotion includes breakfast. Maximum three people per room, children over 12 years-old, children under 18 years-old are not allowed to use the suite swimming pool.

La Foresta Nature Resort – Manuel Antonio

This hotel used to be called Rancho Casa Grande. Pay 2 nights and stay 3 nights and get the Titi Canopy Tour 2X1 from now until October 31st, 2010.

Xandari by the Pacific – Manuel Antonio

Pay 4 nights and stay 5 nights from May 1st to August 31st, 2010

Pay 3 nights and stay 4 nights from September 1st to December 14th, 2010.

SOUTH PACIFIC

Casa Corcovado – Corcovado

Get a free extra night when staying more than two nights (on new reservations only) until June 30th, 2010.

Nicuesa Rainforest – Golfo Dulce

Get a free extra night when staying more than three nights on Rainforest Package from May to September 30th and from November 15th to December 15th, 2010.

Get a 15% discount on the Family package, Honeymoon package and Love and Adventure package until September 30th and from November 15th to December 15th, 2010.

Lapa Rios – Osa Peninsula

Pay 4 nights and stay 5 nights from June 1st to June 30th, 2010. Pay 3 nights and stay 4 nights from September 1st to November 20th, 2010. Kids stay and eat for free from July 1st to August 31st, 2010.

NORTHERN REGION

Arenal Kioro – Arenal

They offer an additional 20% of discount in every new booking from May 1st until November 15th, 2010.

Casa Luna Hotel & Spa – Arenal

The hotel is offering a very special rate until June 30th, 2010. Rooms must be prepaid in order to get this special rate.

Lands in Love – Arenal Area

Lands in Love has special rates for groups over six rooms until December 31st, 2010. Three meals a day and a guided walking tour are included in their rates.

Pay 2 nights and stay 3 nights until November 30th, 2010. Book the canopy tour at a normal rate and get the second one for free.

New 2 Nt. Honeymoon Package, includes: 6 meals p/p/d, canopy tour or horseback ride tour, welcome cocktail, a bottle of champagne, strawberries with chocolate, plate of fruits, romantic dinner: DBL \$172.00 per couple. Valid until June 30th, 2010.

Magic Mountain – Arenal Area

Pay 2 nights and stay 3 nights from May 1st to June 30th and from August 1st to December 15th, 2010.

Nayara – Arenal Area

Pay 3 nights and stay 4 nights until June 30th and from August 20th to November 20th, 2010. Applies for suites, consecutive nights, and new reservations only.

Book the Nayara Suite Romantic Special Package for two nights minimum and obtain a complementary 30 minutes back couples massage valid until June 30th and from August 20th to November 20th, 2010.

Tabacon Resort – Arenal Area

Pay 2 nights and stay 3 nights when booking a Superior Premium or Superior room until December 15th, 2010. This promotion includes a non alcoholic tropical welcome cocktail, buffet breakfast, one temazcal ritual per person (not privately), \$75.00 bonus per person on any treatment at the spa, unlimited access to the hot springs, and taxes. Valid until December 15th, 2010.

Pay 3 nights and stay 4 nights when booking a Superior Premium or Superior room until December 15th, 2010. This promotion includes a non alcoholic tropical welcome cocktail, buffet breakfast, one temazcal ritual per person (not privately), \$100.00 bonus per person on any treatment at the spa, unlimited access to the hot springs, and taxes. Valid until December 15th, 2010.

Children rate includes breakfast and temazcal (no bonus at the spa).

MONTEVERDE

El Sapo Dorado Hotel – Monteverde

The hotel has a golden promotion package that is valid until December 1st, 2010 and includes one night of stay, three meals, one tour and taxes. Ask our sales executives for more details.

TORTUGUERO

Manatus

Get a 5% discount only on new reservations on May, June, September, October and November 2010.

Samoa Lodge

The hotel is offering special rates for May and June 2010. Please check with our sales executives about this promotion.

TURRIALBA

Villa Florencia Hotel – Turrialba

Pay 1 night and stay 2 nights when booking a Superior or a Suite Room from May 1st to November 30th, 2010. Breakfast included.