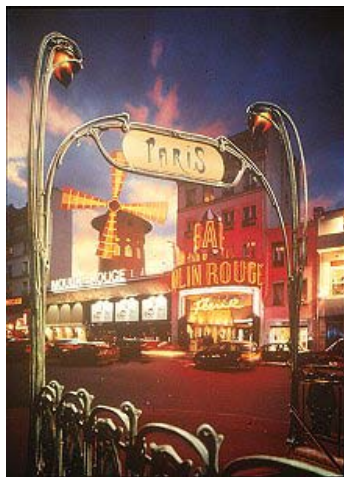


METROPOLIS

I N C E N T I V E S

Paris, the good taste capital

Paris is renowned worldwide as a capital of gastronomy: a winning combination of talent, expertise and high-quality French produce. To sample the delights of traditional French cuisine, the choice of restaurants and cafés is simply huge, each with its own particular atmosphere and style. Parisian restaurants, ambassadors of good taste, offer up an endless range of flavours: tasty country dishes, Mediterranean specialities, recipes from all over the world, a galaxy of cold meats and cheeses, creative desserts... Restaurants, bars, brasseries, tea rooms, ice cream parlours, open-air cafés or pubs invite gourmets from all over the world to a real culinary feast.



DAY 1

Landing at the CDG airport around 11.30. Porters at the airport will collect luggage at the baggage carousel, will have however to get out of the luggage claim area at the same time as participants, due to security reasons. Separate luggage transportation to the hotel.

Welcome through our German speaking guides and transfer for lunch to a rustic Auberge located on the country side, 8 km from the airport and 28 km from Paris.

Seated lunch or, according to weather conditions, barbecue with aperitif outside. Waiters can be dressed like they used to be in the past and an accordion player will welcome your guests and entertain them during lunch.

La Ferme du Manoir (10 minutes driving from CDG airport)

For more information, please contact us at france@bodyandsoulinternational.com or find us at: www.bodyandsoulinternational.com 1



In the heart of this small village, an authentic Country House which dates back from the XIIIth century. Discover this quiet place which holds 17 rooms overlooking a beautiful park with a swimming pool & its warm & cosy restaurant.

After lunch, transfer to Paris and first orientation tour through the capital, ending at the hotel at about 17.00. Check-in

DINNER

Dinner with Show at the Paradis Latin

Cabaret – Le Paradis Latin

Address 28, Rue Du Cardinal Lemoine -75005- PARIS –

Menu Festival	Per person incl drinks
Menu Star	Per person incl drinks
Menu Prestige Cordon Bleu	Per person incl drinks

Show incl. ½ bottle of champagne

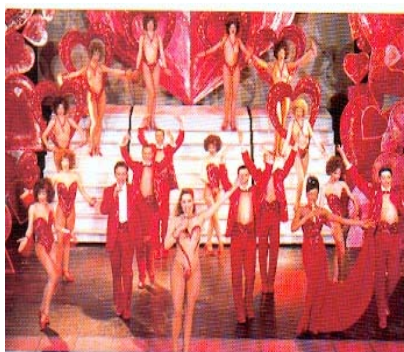
The Paradis Latin also knows how to mobilize itself to offer companies a personalized Soirée :

- Logo of the company on big plasma screen at the entrance
- One cake (not a real one) with the logo of the company presented before the show.
The manager is invited to go up on scene and make a small speech
- Personalized menus with the logo

Personalization free of charge

Description

The Paradis Latin Consider itself the most Parisian of the Great Cabaret. The Calling can be seen in the decoration of the Theatre built by Gustave Eiffel, in the incredible world famous French Can Can and in most of the ballets. The famous Show of the Paradis Latin, such as Paris Paradis, nuit de Paris, Paradisiac, Champagne, Hello Paris, Viva Paris have all remained loyal and reflect the Parisian Spirit. Still, today we tastefully present scenes that are both modern and exciting without undermining this view of Paris. Paradis D'Amour with its extremely cosmopolitan dance troupe, shimmering costumes is a veritable hymn to love and will enthral audience from around the world.



Remarks: guests having dinner at the Paradis Latin will get the best places, of course. Guests coming only to attend the show do not have the priority on seats choice.

DINNER ROUND TRIP TRANSFERS

One way transfer hotel/restaurant or hotel/Paradis Latin by Vintage coach



Transfer Paradis Latin/hotel with 2CV cars and English speaking drivers



METROPOLIS

I N C E N T I V E S

DAY 2

The morning will be dedicated to a gourmet city tour, including tasting of typical French products.

- **Pedestrian gourmet rally in Paris**

Saint-Germain des Prés rally: The road of gastronomy

Discover the centre of Paris in a fun way and taste local products!

The participants, divided into teams, receive a Road Book in colour, containing a map, cultural information, directions to follow and questions. **Gastronomy-tests** in the form of games are organized at different stages.

Many questions about French gastronomy are also asked.

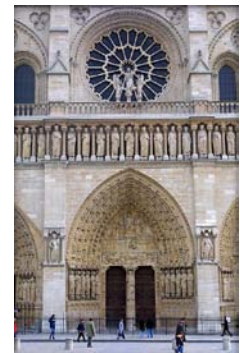


- Notre-Dame de Paris, the historical heart of the capital

- Eglise Saint-Julien le Pauvre and Saint Séverin

- Hotel de Cluny

This magnificent building which houses the National Museum of the Middle Ages is surrounded by a medieval garden where aromatic and medicinal plants are cultivated.



- Saint-Germain

Odeon, rue de Buci and its market, rue de Furstemberg, place Saint Germain des Prés with its famous cafés, Saint-Sulpice...

Keep your eye open to spot the different details photographed in this area full of history.

- Jardin du Luxembourg



Along the route different workshops will make discover French gastronomy:

Cheese, wine, macarons Ladurée, bread in the original Poilane shop, and other specialities into the best places of Paris.

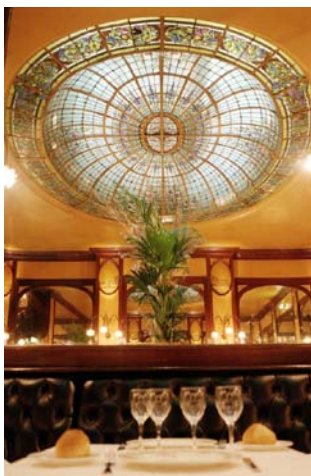




Duration: about 3 hours

The rally will end in a typical restaurant for lunch. Individual return to the hotel and time at leisure in the afternoon.

Lunch at Bofinger



Description

Opened in 1864, the first Parisian “brasserie” became very quickly the “in” place for the Paris social elite as well as for suburbanites who hurried there on winter evenings after work, to warm themselves up over a tasty and steaming onion soup.

At the beginning of the 20th century, all the great names which Paris counted in the fields of literature, arts or politics, met in this temple of gastronomy and culture.

Today, it is one of the rare “brasseries” to have kept its authenticity.

Prestigious setting recently received a preservation order from the “Monuments Historiques”.

Restored in the original style, it represents the unique place where tradition has no limits.

GALA DINNER AT CHÂTEAU DE CHANTILLY

Departure from the hotel by deluxe motor coaches with German speaking guides to the heliport of Paris. After dropping guests at the heliport, the motor coaches will continue to Chantilly in order to take there guests who are not willing to fly. After dinner, pick-up of guests to transfer them back to Paris.

Participants will be splitted into two groups, with a double helicopter rotation to the venue reserved for the Galadinner.

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Participants will be welcomed in a private lounge at the Paris heliport; private helicopters will be waiting to take guests on a panoramic flight heading the western side of Paris and the north to the château de Chantilly. The flight lasts around 20 minutes, landing is planned in the garden just in front of the castle.

After landing in the park and when approaching the castle, participants will be welcomed by costumed characters that will entertain them while waiting for the second half of the group arriving with the second rotation. **Le Château de Chantilly**



Description

The **Château de Chantilly** is a historic château located in the town of Chantilly, France. It comprises two attached buildings; the Grand Château, destroyed during the French Revolution and rebuilt in the 1870s, and the Petit Château which was built around 1560 for Anne de Montmorency. Owned by the Institut de France, the château houses the **Musée Condé** which is one of the finest art galleries in France and is open to the public.

The château's art gallery, the **Musée Condé**, houses one of the finest collections of paintings in France (after the Louvre), with special strength in French paintings and book illuminations of the 15th and 16th centuries. Masterpieces of the art gallery (many of them are in the Tribune Room) include Sassetta's *Mystic Marriage of Saint Francis*, Botticelli's *Autumn*, Piero di Cosimo's *Simonetta Vespucci*, Raphael's *Three Graces* and *Madonna of Loreto*, Guercino's *Pietà*, and many more.

Private visit of the Grands Appartements : located on the first floor of the Petit Château in the Renaissance wing, the Grands Appartements comprise three rooms decorated in 19th century style, standing over the old water ditch separating the two château buildings, and the apartment of the Princes de Condé (17th - 18th century).

Return to the hotel by coach

DAY 3

Morning in Paris with “behind the scene at the Eiffel Tower”



Depart the hotel with your private coach & guide to discover some of the most beautiful sites of Paris. Such as the Arch of Triumph (with the tomb of the Unknown Soldier), the Military school, the imposing Invalides Hospital (Napoleon's tomb), the magnificent Alexander III bridge, and the Concorde place. Notre Dame, the most famous cathedral of France, past the Louvre Museum, the Opera House, and on the famous Champs Elysees.

Your tour will include a visit of the *hidden heart of the Eiffel Tower*

You will enter the surprising machinery room located under the structure and from which the elevators are controlled. Then visit the old military bunker under the Champ de Mars, formerly dedicated to radio – telegraph equipments and staffs. Then have a walk on the technical gallery under the first floor of the Eiffel Tower from which the view is spectacular.

During this visit, the most fascinating aspects of the Eiffel Tower's history will be related, from the first building plans, to its new mission to serve telecommunications, as well as the major events that occurred during the last two centuries.

Lunch in the restaurant Fouquet's

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Fouquet's



Description

Open: daily

Founded in 1899, Fouquet's was at first a prestigious American bar and was later expanded to include a grill-room. In 1913, it opened a refined and elegant restaurant and Fouquet's international reputation rapidly grew. Famous celebrities as well as politicians have taken part in the history of guests here: Georges Mandel, Poincaré, Churchill, Roosevelt, Joseph Kessel, Drieu de la Rochelle, Paul Valéry,

Marlène Dietrich... In 1990, Fouquet's is registered as part of the Historic Buildings. 1998 is marked by the purchase of the establishment by the Lucien Barriere Group. Entirely renovated in the summer of 1999 by the decorator Jacques Garcia, Fouquet's celebrated the same year its centennial anniversary. Prestige and tradition are still maintained in this famous place.

Transfer to the airport after lunch